

**Weekly Newsletter.**  
**Stoke on Trent**

Monday 18<sup>th</sup> May 2020



**School Games Active Championships**

This is a national campaign launched by School Games to help young people to #StayInWorkOut. Download the TopYa active app to get involved and compete against other young people in the UK. New competitions released every Monday, Wednesday and Friday. You will need the code 23880 to take part.

If you would like to find out more, click on the link below:

<https://www.yourschoolgames.com/coronavirus-support/school-games-active-championships/>

**More challenges for this week!**

**Youth Sport Trust, Secondary PE resources**  
**Choose your own lesson**

<https://www.youthsporttrust.org/free-home-learning-resources-secondary>

**Jessie Lingard's #StayInWorkOut challenge**

<https://twitter.com/BBCMOTD/status/1257209583313002496?s=20>

To share your best attempts, use #StayInWorkOut and #StayHomeStayActive

**Florence Tennis Club- Coaches Challenge**

Weekly challenge from Florence Tennis Club

<https://twitter.com/SchoolStoke/status/1259732682298339328?s=20>



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